

RETREATS

INFORMATION AND PRICING 2025-2026

MONDAY-FRIDAY PRIVATE RETREAT

\$2000+

A 2-hour fully private session at Sauna Camp covering up to 20 people. We can accommodate 60-80 people for \$55 for each additional person.

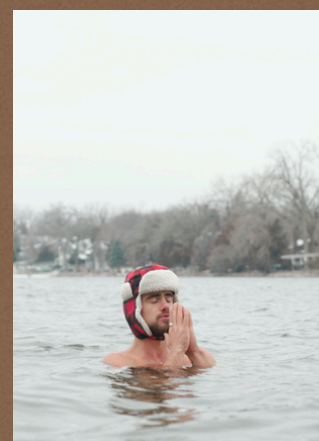
This includes full access to our saunas, the cold plunge ice holes, as well as our welcoming staff who are ready to assist and inform sauna-goers to ensure the best possible experience for each person.



GUIDED BREATHWORK + HOLISTIC HEALING

\$1500+

Design a custom 0-3 hour wellness session that is sure to cut straight to the heart of your retreat and create a meaningful experience for all. This could include breathwork, nervous system regulating, "embodied leadership", etc.



YOGA

\$1200

Center yourself with a yoga session in the dining hall with custom yoga session focused on gratitude, health, and mental wellness.



PHOTOGRAPHY/VIDEOGRAPHY

\$1200+

Capture your group's experience and share it with the world by using our on-site professional photographer and videographer. Use the products for internal usage, social media, marketing, and much more!



ON-SITE FACILITIES

COMMUNITY & DINING HALL (ABOVE)

\$1000 / DAY

At Camp Fire, the beautiful new dining hall is perfect central hub for any event. Rental includes partial access to a kitchen, chairs, tables, restrooms and showers, AV and more. Camp food service is also available for groups over 30 at additional cost.

LODGING

"GNOME HOME" (GROUP SIZE 0-10) **\$415**

A unique, rustic camper cabin that fits up to 10 people. Restrooms and hot showers are available in the nearby bathhouse.

RUSTIC CABINS (GROUP SIZE 10-30) **\$415 PER CABIN**

Our 16 rustic camper cabins each have the capacity for up to 10 people. All cabins have bunk beds. Restrooms and hot showers are available in the nearby bathhouse.

BUNKHOUSE (GROUP SIZE 30+) **\$1494**

Central meeting space with 3 attached sections that each sleep 12 (or 36 people total). The meeting space accommodates 70 people. Bathrooms and showers included.

CATERING

\$1700+

Enjoy our local food vendors with customizable bites and healthy meals provided for your guests to fully round out their body-centered experience. \$1700 minimum (covers up to 25) & \$55 for each additional attendee

TO BOOK YOUR RETREAT

info@saunacamps.com

Sauna Camp
MINNESOTA



LOOKING FOR A SMALLER EVENT?

We offer private saunas options during our normal business hours for smaller groups. Each comes with our standard sauna and cold plunge experience in your very own private space.

6-PERSON PRIVATE SAUNA
\$329

8-PERSON PRIVATE SAUNA
\$439

8-PERSON LUXE PRIVATE SAUNA
\$499

10-PERSON PRIVATE SAUNA
\$549

15-PERSON PRIVATE SAUNA
\$799

20-PERSON PRIVATE SAUNA
\$999



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HERE TO
BOOK**